



## Does your child show self-injurious behaviour?

We are looking for non-verbal children who show self-injurious behaviour to participate in a research project based at the Cerebra Centre for Neurodevelopmental Disorders at the University of Birmingham.

### What is the aim of the research?

The aim of the research is to learn more about the underlying causes of self-injury which will hopefully lead to more effective intervention or prevention.

### Who can participate?

Any child who is:

1. aged between 2 and 14 years (inclusive),
2. lives in Birmingham / West Midlands,
3. is non-verbal or has limited speech and
4. shows self-injury.

### What will the research involve?

Initially, parents or carers of potential participants will be asked to complete several questionnaires about their child and their behaviour in order to determine if they are eligible to participate. These questionnaires can be completed on the telephone with a researcher at a convenient time for you.

If your child is invited to participate in the project, the research team will arrange for them to have a behavioural assessment of their self-injury, a physical health assessment (conducted by a consultant paediatrician) and a sleep assessment. The assessments will include questionnaires, interviews, behavioural observations and other methods. Parents and carers will be asked to help us with some elements of this process at home.

### How do I get more information or get involved?

To receive (or download) a copy of a detailed project information sheet, please:

1. visit our website  
<http://www.birmingham.ac.uk/schools/psychology/centres/cerebra>
2. visit our Facebook page <http://www.facebook.com/pages/The-Cerebra-Centre-for-Neurodevelopmental-Disorders-University-of-Birmingham/230197213724784>  
 or
3. contact Debbie Allen on:
  - Tel: 0121 414 7212 or Email: [d.j.allen.2@bham.ac.uk](mailto:d.j.allen.2@bham.ac.uk)
  - Post: Cerebra Centre for Neurodevelopmental Disorders, School of Psychology, University of Birmingham, Edgbaston, Birmingham, B15 2TT.