

Aggressive Behaviour in Rubinstein-Taybi Syndrome

Aggressive behaviour refers to any behaviour that has the potential to cause injury to another person. When we use the phrases 'aggression' or 'aggressive behaviour' throughout this website, we do not mean to imply that an individual with Rubinstein-Taybi syndrome is intentionally trying to hurt another person.

It has been suggested that as individuals with Rubinstein-Taybi syndrome age, they are at increased risk of aggressive behaviours and temper outbursts. Case study reports have supported this suggestion.

Research indicated that during adolescence, an estimated 60-70% of individuals with Rubinstein-Taybi syndrome display aggressive and destructive behaviours at least monthly. However, only 20-30% of individuals display a persistence in these behaviours over the age of 20.

Current research at the University of Birmingham is looking more into how emotional, cognitive and behavioural characteristics [change with age](#) in individuals with Rubinstein-Taybi syndrome.